

Dear Central Coast communities,

One of the strongest earthquakes ever recorded took place Tuesday night (July 29) off the Russian coast, sparking a tsunami advisory for coastal BC. While the 8.8 magnitude earthquake did cause some large waves, BC's Ministry of Emergency Management and Climate Readiness **stood down the advisory at 6:25 a.m. on Wednesday (July 30)**, stating that no coastal zones in BC are at risk.

The FNHA Vancouver Coastal Health Emergency Management Team is reaching out to acknowledge this may have been alarming to communities and community members. We are also reaching out to remind communities that the FNHA Vancouver Coastal (VC) Health Emergency Management (HEM) team is here to support communities through public health emergencies and community crises, such as tsunamis. **If you experienced any impacts or would like to talk about tsunami preparedness, please connect with us.**

Below are some resources that communities may find helpful to prepare for, respond to, or recover from a tsunami:

Emergency Information and Warnings

- In the event that a tsunami warning is issued, the warning will be broadcast across television, radio, and compatible mobile devices through BC's emergency alert system.
- [EmergencyInfoBC](#)
- [Earthquake Canada](#)
- [US Tsunami Warning Centre](#)

Preparedness Resources

- [PreparedBC – Get Prepared for a Tsunami](#)
- [PreparedBC: Earthquake and Tsunami Guide](#)
- [BC Earthquake Alliance – Tsunami Preparedness Resources](#)
- [FNHA Emergency Preparedness & Grab-and-Go Bags](#)
- FNHA will be updating our website with tsunami information shortly

After-Hours Support

- EMCR Emergency Coordination Centre 24-hour/toll-free number: 1-800-663-3456
- FNESS After Hours Assistance Line: 1-888-822-3388

Mental Health, Wellness, and Cultural Supports

- Tsow-Tun-Le-Lum 1-888-403-3123
- Indian Residential School Survivors Society 1-800-721-0066
- KUU-US Crisis Line Society 1-800-588-8717

FNHA VC HEM Contact and Resources

- Email vc.hem@fnha.ca and the FNHA VC HEM team will respond ASAP
- VC HEM 1-Pager [attached]
- Short-Term Crisis Funding 1-Pager [attached]
- Emergency Management System Partners 1-Pager [attached]

The FNHA Vancouver Coastal HEM Team is here to support you. Please don't hesitate to contact us if you have any questions or just want to connect.

In solidarity and care,

The FNHA VC Health Emergency Management Team